

Cottonwood Heights, UT
August 2015 • FREE

NEWSLETTER

801-944-7000

www.ch.utah.gov

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Citizen Communication

By Councilmember Scott Bracken



One of the most important duties we perform as elected officials is to communicate with our constituency. We

seek out the practical information as we perform research required to make informed decisions. Distilling and sharing all pertinent information is a significant task.

As I hope many of you know, the city has a newly-designed website www.ch.utah.gov, a Facebook page and a Twitter account (@CHCity). The police department also runs a Twitter account (@CHPolice). We also mail out this monthly newsletter and have an e-mail subscription list that allows you to receive meeting agendas and other communications as soon as they're published. Depending on who you are, some ways of getting information are better than others, and you can choose which methods work best for you.

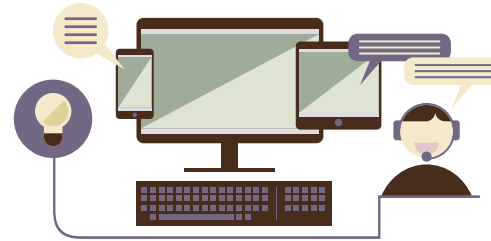
That said, we often hear from residents that they didn't know something was happening in their neighborhood, or that a particular public works project would be impacting them. While we send out notices for each of these types of land use or public works projects, we still hear from some that they

didn't know about it 'until it was too late' or until an informed neighbor told them about it.

This can be challenging for both elected and appointed officials who have often spent a lot of time discussing many relevant issues for weeks, or months beforehand. Much of this discussion takes place in our work sessions – all of which are open to the public, and as of this year, are available for live streaming on our website, where you can also download archived sessions.

In early July, I had a meeting with some of my constituents, a couple who expressed concerns about how and when the city communicates with them. The sewer project along Bengal Boulevard and 2300 East has had quite significant impact to the entire area. Couple that with the fact that as soon as the sewer district completes their work, the city will be reconstructing and/or resurfacing Bengal Boulevard from Highland Drive to Wasatch Boulevard with the goal to be finished before school starts in a couple of weeks - and it's not hard to understand why they wanted to know what was going on.

Communication, continued on page 3



Upcoming Cottonwood Heights Arts Events

- | | |
|--------------|---|
| Aug. 14 | Free Movie in the Park - Wreck-It Ralph - Bywater Park (3300 E. Banbury Road).
Movie begins at Dusk. |
| Aug. - Sept. | Art Show & Photography Contest Deadlines |
| Sept. 1-30 | Art Show - Whitmore Library
An open house will be held on Sept. 17 at 7 p.m. |
| Oct. 1-31 | Photography Exhibit - Whitmore Library
An awards ceremony and open house will be held on Oct. 7, 2015. at 7 p.m. For more detailed information, including rules and deadlines for the Art Show and Photography contest, visit arts.ch.utah.gov . |

City To Break Ground For New Municipal Center



Special guests and dignitaries will be on hand during a groundbreaking ceremony for the new Cottonwood Heights Municipal Center. The ceremony will take place on August 3, 2015 at 3 p.m. at 2277 E. Bengal Blvd.

All are invited to attend the ceremony and take part in what will be an historic moment.

The single story building will be

constructed on 4.75 acres of land that were acquired in 2014. The building will feature a sloped rooftop design over the lobby and council chamber that complements views of the Wasatch Mountains. The building will span more than 34,000 square feet and will consist of two wings. The police wing will face 2300 East and the administrative wing will face Bengal Boulevard.

GSBS Architects designed the new building that will be erected by Layton Construction over the next 15 months. ■

We're Hiring Crossing Guards

Cottonwood Heights is looking for part-time crossing guards.

Applicants must be 21 years of age, have good vision/health and must be available during school hours.

For more informaton on how to apply, go to www.ch.utah.gov, or call 801-944-7000. ■

New Employee

Danny Martinez is the new city Public Works Operations Specialist. Welcome aboard, Danny! ■



History Question of the Month

What Do You Know About Pepper's Hill?

Answer on page 3

Cottonwood Heights ART SHOW

Submissions Deadline: Aug. 22
Art Exhibit: Sept. 1 - 30
Open House: Sept. 17, 7:00
All events at Whitmore Library

More Information:
www.arts.ch.utah.gov



September 19, 2015
10 am to 12 pm
Mountview Park

DOG FRIENDLY VENDORS NEEDED

Contact City Events Coordinator
Ann Eatchel at aeatchel@ch.utah.gov

During the meeting, a common concern was expressed, namely “why didn’t you come out and tell me that this was happening?” Honestly, we do our best to do just that, but short of knocking on every door, it becomes challenging to reach all affected parties. It is equally challenging to know which projects, issues, or items concern each and every one of the 9,000+ constituents in my district, not to mention

With rapidly advancing methods of communication, the city should stay abreast of any and all means to improve our engagement with residents. Since incorporation, Cottonwood Heights has always been open to new and better ways of doing things. This has served us well. We’ve made some mistakes, of course, but the gains have been tremendous. To that end, I am actively seeking input or ideas on improving the methods of communication

"We are devoted to staying informed and keeping all of you informed by whatever means we can."

when, how, what manner they want to know about them is a herculean task, to say the least. Often, without some prior conversation or communication, the task might seem impossible. Nevertheless, we are devoted to staying informed and keeping all of you informed by whatever means we can.

we currently use, or adding additional ones. Ever since we became a city, the use of push technology on mobile devices has become almost ubiquitous, and while the old style approaches still work – like sending out letters to addresses near a project – I feel there is more we can and should do (and without breaking the bank).

One example of this is the 800 number that was published for the Bengal Blvd sewer district project. Anyone that wanted or needed information could call in and get someone to help them find what they needed to know. We haven’t utilized that method for a public works project very often before this, and we will evaluate how effective it is/was. We will be discussing other ideas over the next few weeks in our work sessions. I certainly welcome additional input from anyone. I can be reached at sbracken@ch.utah.gov, or if you prefer, listen in to the live stream or come to city hall and listen to the discussion first hand.

I truly believe that doing my civic duty as a councilman requires civic dialogue. It is my hope that we can achieve great things in our city through constant improvement in the way we communicate. ■

Meet the CHPD Officers... Who They Are and Why They Serve

By Martha Cardon

This is the second in a series of articles that introduces the citizens of Cottonwood Heights to their Police Department Officers and helps us get to know them.

OFFICER CASEY DAVIES



Casey Davies comes from a family dedicated to law enforcement. His father worked for the Murray City Police Department for 30 years, and his brother is currently serving there. Casey has been married for 15 years and is the proud father of two girls. He enjoys hunting, fishing, and "all things outdoors." Since 2000, he has served with the Salt Lake County Sheriff's Department as a Corrections Officer, with Sandy City as a Patrol Officer and with Taylorsville

Police Department in various capacities, including SWAT and detectives.

Casey was hired in 2008 and is an original member of the Cottonwood Heights Police Department. Officer Davies is a qualified instructor in Tasers, firearms, control (defensive) tactics and SWAT. He trains new recruits as a Field Training Officer. Having served in a variety of law enforcement positions, Officer Davies chose to return to the patrol officer beat at the CHPD, where he serves now.

Casey enjoys his job and looks forward to coming to work for each new day's challenges.

Asked what his greatest pet peeve is, Officer Davies responded, "Parents who influence kids to fear police officers."

Kudos and thanks to you, Officer Davies, for protecting and serving the citizens of Cottonwood Heights! ■

Answer

Question, continued from page 2

Pepper's Hill started at the bridge over Little Cottonwood Creek on today's Creek Road (approximately 2700 East & 8200 South). It's named for William and Florence Pepper, who built a house at the bottom of the hill on the east side of the creek, circa 1915.

The dirt road hill was one of the main routes connecting Danish Town to Union, Midvale and Sandy. It remained a dirt road until it was eventually paved as part of the connection between Danish Road and 3500 East.

Because of its steep incline, drivers headed up Pepper's Hill needed to get a "good run" at it. If they had to change gears, all forward momentum would be lost and drivers would need to back down and start up all over again. Most drivers didn't even try to get up the hill during winter. Conversely, the hill was a popular sledding destination for kids in the area. ■

Volunteers Key To Butlerville Days Success



Cottonwood Heights resident Jamie Jackson chaired this year's Butlerville Days Planning Committee. She decided to change things up this year and bring in Midway Rides. The planning committee backed her on this new venture and the rides were a success, bringing a new festive atmosphere enjoyed by all ages! The city appreciates all the volunteers for their hard work, time and giving up their holiday so that residents could enjoy the city celebration. We also could not pull off this event without wonderful sponsors. Thanks to all for making this Butlerville Days 2015 one of the best!!



EAGLE SCOUT PROJECT

Truman Madsen took on a tough assignment at Butlerville Days in order to earn his Eagle Scout Award. His responsibilities started by organizing hundreds of flags at this year's event. He also had an excellent crew cleaning up the debris at the park after the event was over. The city applauds Truman for his hard work and leadership skills.



Butlerville Days Planning Committee



Shrek

It was a "Big, Bright, Beautiful World" for all who have participated and witnessed the Cottonwood Heights Arts Council production of Shrek The Musical, performed between July 25 and August 3. Thanks to all for a great show!



New Habit Burger Raises Funds

A new Habit Burger franchise opened at 6993 S. Park Centre Drive in late July, but not before business owners offered up all their profits to benefit a few deserving local groups.

On Tuesday, July 15, the new store donated all its profits to the Hillcrest High School Drill Team and the Cottonwood Heights Recreation Center Foundation.

On the following day, the store raised money for the Cystic Fibrosis Foundation of Utah.

Cottonwood Heights welcomes Habit Burger to our city, and thanks them for their kindness. ■



Food Trucks are Coming to Cottonwood Heights!

Starting Monday, Aug. 3, the Cottonwood Heights Food Truck Underground event will kick off the season at Brighton High School (2220 Bengal Blvd.) from 5:30 to 9 p.m.

Every Monday night, residents are invited to come to this community event that will feature several favorite local food trucks including Cupbop, The Ramen and Fiore Wood Fire Pizza.

The first Monday of every month will be a fundraiser for Brighton High School with 10 percent of all proceeds donated to a club in the school.

Come see what all the fuss is about! It will be delicious. ■



Cottonwood Heights Recreation Center

7500 South 2700 East • (801) 943-3190

What's happening in Programs

Flag Football

Grades 1-6

League starts August 29

Games played twice a week

T or W: 5pm or 6pm

Sat: 8am or 9am

Register at activityreg.com

Youth Tennis Lessons

2 Week Summer Session

Session 4: August 3-August 13

Register at activityreg.com

Youth Super Sport Program

1st - 6th Graders

10:45am-2:30pm, daily

August 3-August 7

August 10-August 14

\$10/day or \$40/week

CHRC News & Events

FREE Movie in the Park

Wreck-It-Ralph

Friday, August 14

Bywater Park

3300 E. Banbury Road

Charity Golf Tournament

August 26 at River Oaks Golf Course

Pick up a brochure at the CHRC front Desk

Now Hiring

We are currently accepting applications for Visual Maintenance, Lifeguards, Child Care, Skate Guards, Swim Instructors, Water Polo Coach, CSR's & more!

Adult Tennis Tournament

September 21-29

Registration begins August 17

utahtennis.com

What's new in the Ice Arena

Ice Arena Hours

The **last** day for summer M/W

2pm-4pm Public Skate will be

Mon., August 10 & Wed., August 12

Summer Ice Show

Friday, August 7 at 6pm

What's happening in Aquatics

Swimming Lessons

Mornings

Session 5: August 3-August 13

Registration ends August 5

Afternoons

Session 4: August 3-August 14

Registration ends August 5

Change in Outdoor Pool Hours

As of Wednesday, August 19

the pool hours will change to the following:

Mon.-Fri.: 4pm-8pm

Sat.&Sun.: 12pm-5pm



www.cottonwoodheights.com



Domestic Violence and Veterans Court

By Chief Robby Russo - April Rice contributed to this article



When our country began sending troops to Iraq and Afghanistan, we understood from past experience that acclimating

veterans back into society presented some challenges. Many veterans are strengthened by their military service, but some veterans experience Post-Traumatic Stress Disorder (PTSD), depression and Traumatic Brain Injury (TBI). Some even return with substance abuse or mental health disorders. Left untreated, mental health disorders and substance abuse by veterans can directly lead to involvement with the police.

The criminal justice system has modified its concept(s) on addressing such issues as substance abuse and mental health. Several years ago "Drug Court" was implemented as a way to channel substance abusers away from jail and into treatment and rehabilitation. A similar strategy centered on research and evidence-based treatment programs has been used for the mentally ill offenders. There is some quantifiable success in getting these offenders out of jail, into treatment and finding employment and housing.

Utah is among other states using specialty courts to address veterans in the criminal justice system. Veterans' court uses a problem-solving justice model, or a hybrid of drug treatment and mental health court models. Veterans' treatment courts seek to address the mental health and addiction issues that often stem from the trauma of active combat that can lead to criminal activity. The veterans' treatment court model requires regular court, along with mandatory attendance at treatment sessions and frequent and random testing for drug and/or alcohol

use. The court has a military-type structure to emulate the environment in the armed forces, employing a system of rewards for completion of program requirements and sanctions (jail time) for noncompliance. The program gives troubled veterans an opportunity to avoid incarceration if they don't commit any new offenses, stay sober and receive counseling.

Rather than pursuing the normal course of a criminal case, the courts focus on providing access to services and rehabilitation, such as substance abuse treatment, vocational training, education, VA benefits and housing. The objective is to successfully integrate veterans away

"The objective is to integrate veterans away from jail and back into the community and their families."

from jail and back into the community and their families. We owe that to those who served. Their experiences in combat that result in PTSD or TBI are real.

The veterans' courts seem to be effective but can be controversial when domestic violence cases are diverted from the traditional system into a specialty court. Veterans affected by trauma can pose serious safety concerns when intimate partner violence cases are heard in a veterans' court model. Although most judges are not admitting violent offenders who may pose a risk to others in the program, many get deferred. Some women's advocacy groups believe veterans court "...is an inappropriate forum due to the great risk of victim coercion, the inconsistent message from the criminal justice system about the criminality of intimate partner violence, the wider cultural and social context of violence against women in the military and the ineffectiveness of treatment in reducing violence." *

It is difficult to assess whether a particular assault was the result of stress experienced on the battlefield or a result of a preexisting control issue. These are particularly dangerous to partners because of a veteran's military training and access to weapons. Aside from physical abuse, domestic violence can take many other forms, including psychological, emotional, sexual and financial abuse. Many cases can escalate in severity and may or may not be correlated to PTSD or TBI.

Recent research supports the perspective that domestic violence is a serious crime and should be prosecuted to the full extent of the law. A recent local

case in a neighboring jurisdiction wherein a defendant in veterans' court killed his wife and child and then turned the gun on himself begs the question: if victims are adequately considered/protected, do veterans' courts have the expertise to address treatment in reducing domestic violence recidivism? I have heard great acknowledgements of success in veteran's court and support the program. Even so, there remains debate over which cases should qualify and the possibility of relapse (re-victimization) and how such circumstances affect the recovery process. Such issues may have irreversible consequences.

If you know a veteran who is struggling or may need access to resources, contact your local Veterans Administration or try this web site: <http://www.veteranscrisisline.net/> ■

**Reference: An Argument against Intimate Partner Violence Cases in Veterans Treatment Courts - Pamela Kravetz*

City Council Members

MAYOR - Kelyn H. Cullimore, Jr.

DIST# 1 - Michael L. Shelton

DIST# 2 - J. Scott Bracken

DIST# 3 - Michael J. Peterson

DIST# 4 - Tee W. Tyler

CITY MANAGER - John Park

City Office

1265 E. Ft. Union Blvd. #250

Cottonwood Heights, UT

84047

Phone(801) 944-7000

Fax.....(801) 944-7005

Numbers to Know

Emergency..... 911

Dispatch 840-4000

Fire Authority 743-7100

Animal Control 840-4000

Justice Court..... 273-9731

Call Direct

City Manager 944-7010

City Planning 944-7065

Public Works 944-7090

Recorder 944-7020

Finance Director..... 944-7012

Code Enforcement... 944-7095

Police Administration. 944-7100

City Council Meetings

Aug. 4 - Work Session 6 p.m.

Aug. 11 - Work Session 6 p.m.,

Business Meeting 7 p.m.

(Work session reconvenes after business meeting.)

Aug. 18 - Work Session 6 p.m.

Aug. 25 - Work Session 6 p.m.,

Business Meeting 7 p.m.

(Work session reconvenes after business meeting.)

Agendas are posted 24 hours in advance of public meetings. For details about the agendas, check our website: www.ch.utah.gov

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Emily Adams, EMDGraphics.com

CH Welcomes Utah's First Jersey Mike's Franchise



The first-ever Jersey Mike's Subs franchise opened for business on July 14, as city officials and several others attended a ribbon-cutting ceremony.

The franchise also held a fundraiser on behalf of "Project Airtime," a local paragliding charity that offers rides to people with debilitating injuries or illnesses.

We welcome to Jersey Mike's to Cottonwood Heights! ■

Business Spotlights

Dynamic Physical Therapy

Dynamic Physical Therapy (1265 East Fort Union Blvd. #110) celebrated its grand opening with a reception and ribbon cutting on June 19.

City officials and business leaders welcomed owners Jessica Bauerkemper and Matthew Nelson to our business community.

Dynamic Physical Therapy specializes in pain relief using a variety of techniques including Trigger Point Dry Needling, Functional Movement Screen and Soft Tissue Mobilization.

Go to www.dynamicptut.com for more information. ■



STOR-N-LOCK Self Storage

STOR-N-LOCK Self Storage (6950 S. 2300 East) credits its 22 years of success to the city's positive attitude toward both residential and commercial growth.

STOR-N-LOCK's managers Mike and Sharon invite residents to store their goods in one of the 700 high-security spaces.

For more information, go to www.STOR-N-LOCK.com/cwh ■



Canyon Cove Pilates

Canyon Cove Pilates, located at 2258 Fort Union Blvd., is the place to go for authentic Pilates training.

Owner Eveline Rosa studied with Romana Kryzanowka, who was a protégé of Joseph Pilates, and brings that "contrology" method to her clients. She sticks by Joseph's promise, "After 10 sessions you'll feel better, after 20 sessions you'll look better, after 30 sessions you'll have a new body."

Pilates is a fantastic way to strengthen and stretch using effective Pilates equipment. You might find a cheaper Pilates studio, but you won't find one that creates truly amazing results. ■

